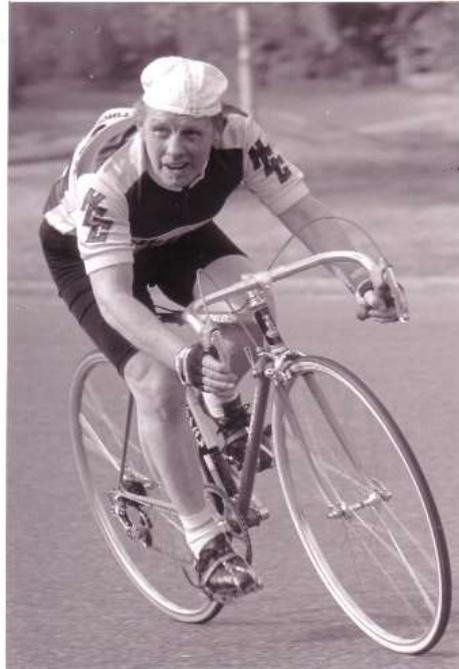




Veterans Time Trials Association
10 Mile Open Time Trial
Bank Holiday Monday 6th May 2019
London & Home Counties
The Don Byham Memorial

For and on behalf of Cycling Time Trials under their Rules & Regulations

Event HQ opens at 1pm
Aylesbury Rugby Club
Brook End, Weston Road, Aylesbury, HP22 5RN
Course F11/10



Start Timekeeper: Peter Tasker
Finish Timekeeper: Annette Lacey
Assistant Finish Timekeeper: Katja Rietdorf

Event Secretary: Geoff Perry
5 The Meadway. Loughton, Milton Keynes, MK5 8AN
07808 905879
geoffreyperry@aol.com

DON BYHAM MEMORIAL

**Don Byham was a much-liked stalwart of the
London & Home Counties Group.**

**In the days long ago when teams were restricted to two due to shortage of riders,
Don was so often one of the team members but never an event winner—second
often but never a winner.**

**Don died just a few days before his retirement, just as was anticipating that more
time to train would mean that he would become a winner.**

**The trophy was presented by fellow member Terry Swift and first won in 1985 by
John Webb (VC Slough).**

PRIZE LIST

1 st Man on Standard	VTTA Gold Medal
2 nd Man on Standard	VTTA Silver Medal
3 rd Man on Standard	VTTA Bronze Medal
1 st Woman on Standard	VTTA Gold Medal
2 nd Woman on Standard	VTTA Silver Medal
3 rd Woman on Standard	VTTA Bronze Medal
Fastest Rider on Actual Time	VTTA Gold Medal
Best Club Team of 3 Riders on Standard	VTTA Gold Medals (each)

*Second best London & Home Counties member on Standard
to be awarded the Don Byham Memorial Trophy*

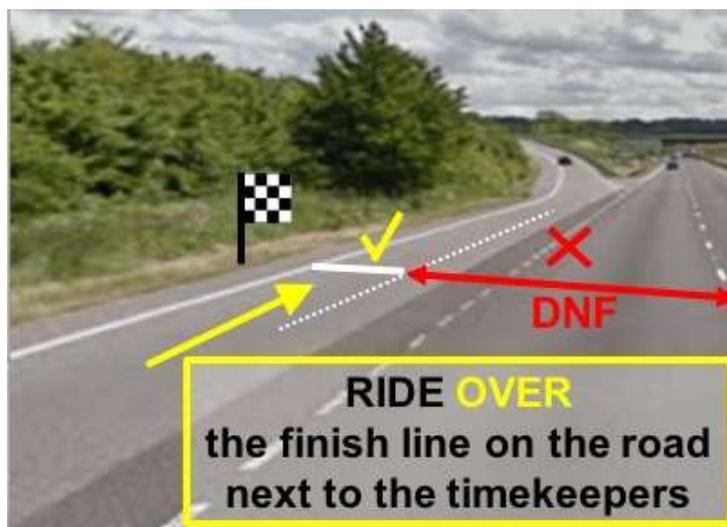
**1st Man on Standard, 1st Women on Standard and Don Byham Winner to receive an
invitation to the LH&C Annual Luncheon and Prize Presentation in November 2019.**

F11/10 (Tring & Aston Clinton by-passes)

This course often sees several riders with no finishing time (DNF) because they DO NOT follow the course and the specific finishing instructions, which are in place for the rider's safety, as cars enter the slip-road early and at speed.

- A photographer has been specifically employed to photograph the sliproad and the finish.
- One lucky rider will be attempting their 3rd DNF on this basis!
- Last year 8 riders out of 200 were DNF'd.

Carefully study the illustrations & photos which follow:



Cars do enter the slip road very early – this even surprised me

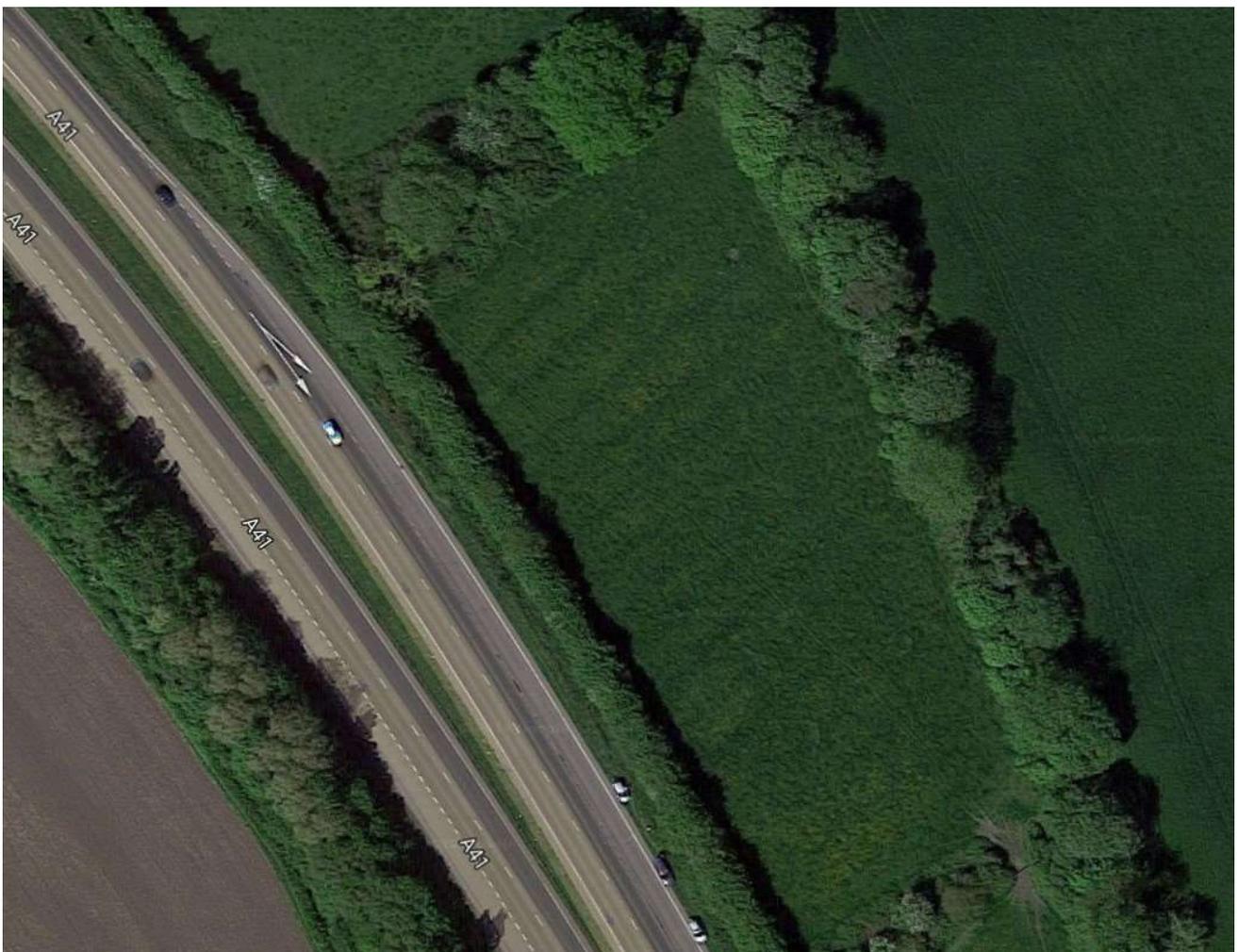


Heading off for another lap?



By quirk of fate the event last year was recorded on Google Maps (satellite view), and if you look carefully you can see:

- The start timekeeper with riders ready to start.
 - Riders on the course
 - The finish time keepers and their cars
 - Even the finish line can be seen!
 - And the big white fork arrows that you are not to ride over at the entrance to the finish sliproad.
 - Riders cycling to/from HQ
 - The HQ and a full carpark
- . So remember Big Brother is watching..



F11/10 (Tring & Aston Clinton by-passes)

Course Details

Start (A on Map) on southbound slip road to A41 on the Western Tring junction approximately 40 yards from the start of the slip road.

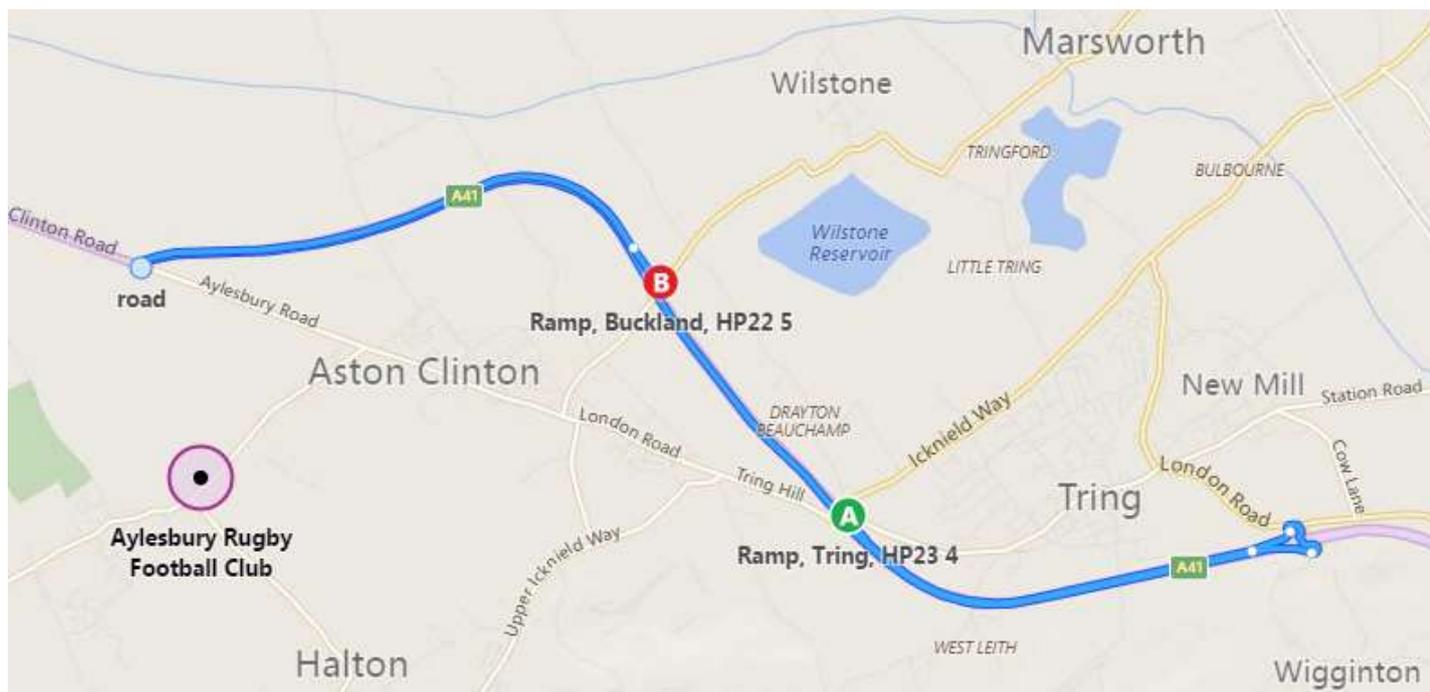
Proceed along A41 to come off at first slip road (Eastern Tring junction) to

Turn (approximately 2.0 miles) by taking 4th exit out of roundabout and under the A41, going around 2nd roundabout to take 2nd exit back onto the A41 westbound and continue past all junctions to roundabout at end of Aston Clinton by-pass to

Turn (7.87 miles) by taking 3rd exit out of roundabout back along the by-pass, again ignoring College Road junction to

Finish (B on Map) on Buckland slip road 9 yards south-east of manhole cover on grass verge, about 91 yards north-west of (i.e. before) separation of slip road and main carriageway, also about 460 yards north-west of the B489 overbridge.

Finishing riders MUST leave the main carriageway at the START of the exit slip road to B489. Failure to do so will be recorded as DNF and no time given



Start

Local Regulation 1. – No U Turns should be made at any time while riding on the public highway.

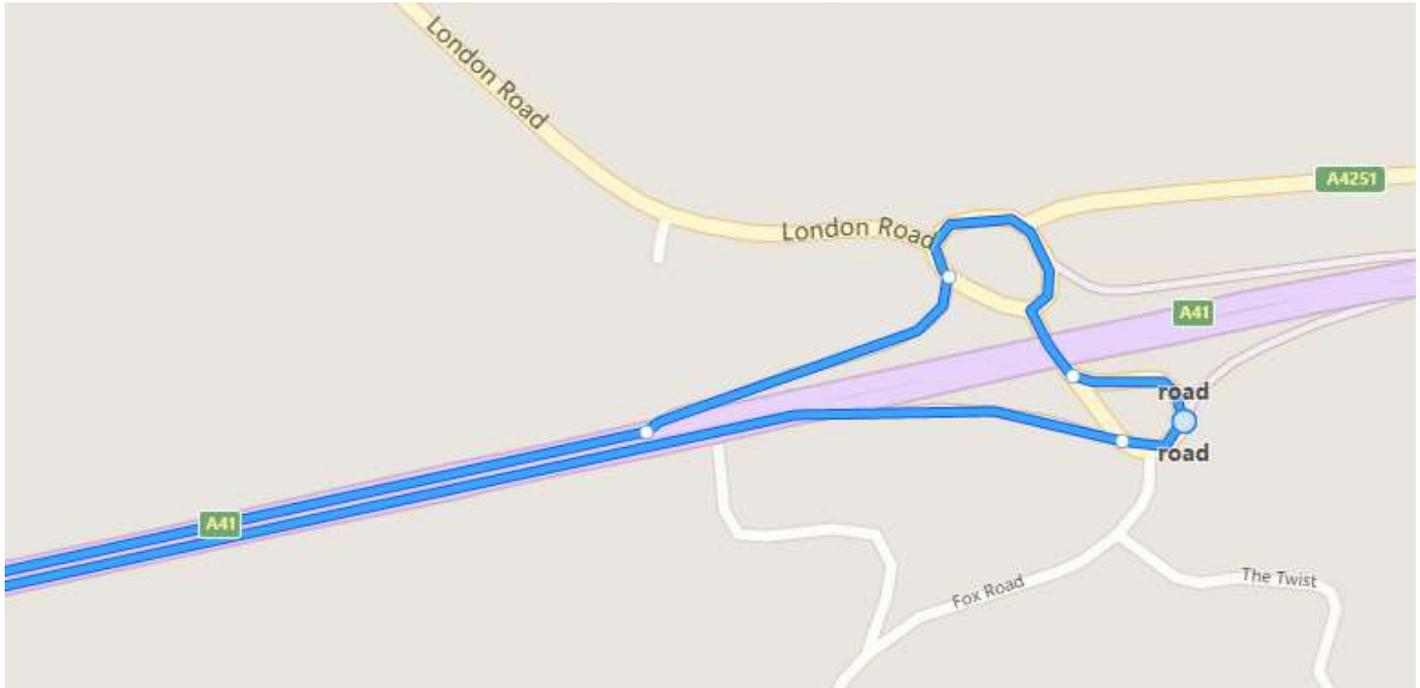
Car Parking

There must be no parking of motor vehicles on any part of the A41 apart from those of the officials. All parking must be in the HQ car park.

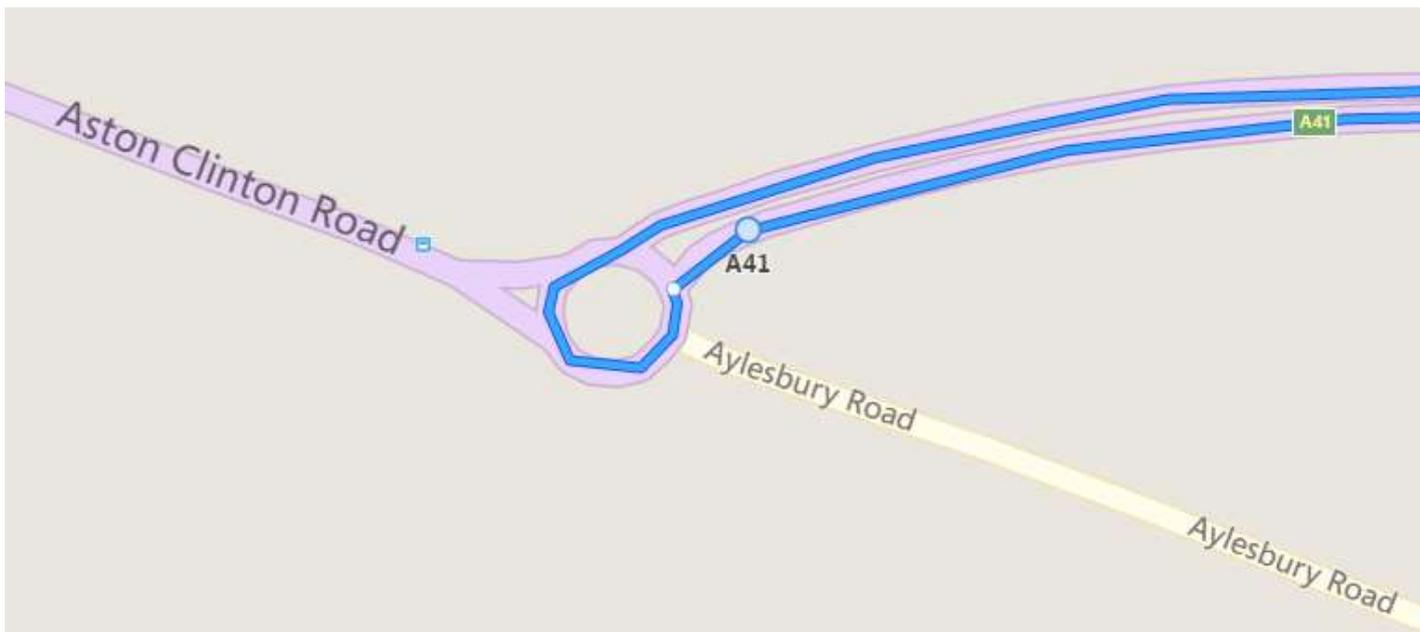
HQ to start route

Please note that one of the 3 miles is up a steep hill so allow at least 15 minutes to get to the start from the HQ. It does provide a good warm-up!

First DOUBLE Roundabout after 2 miles – Many riders like to explore the wide selection of exits!



Last roundabout – 2 miles to go to the finish



Roundabouts

Keep your HEAD UP at all times. At roundabouts the traffic coming from the right has PRIORITY over you, so give way. The first RAB at the bottom of the off slip road DOES NOT have good line of sight of traffic so take GREAT CARE. **Make yourself familiar with the layout of the 1st roundabout as riders all too frequently go wrong and waste a fast time, BREAK the Highway Code and risk being DISQUALIFIED.**

Numbers, Signing in and signing out

You sign on in advance of your start at the HQ where you can collect your number and receive any last minute instructions or warnings. You will also **need to sign out of the event otherwise you will be DISQUALIFIED.** Please return number to the HQ in exchange for a token from the bar for a free drink.

DO NOT fold numbers at all or **DO NOT** use sticky tape (or other sticking methods) to secure the numbers.

Bib	TOD	First	LastName	Club	Group	Age	Std
1	14:01	Rachael	Elliott (Tan)	Newbury RC	L&HC	41	26:39
1	14:01	Ian	Greenstreet (Tan)	AeroCoach	L&HC	55	26:39
2	14:02	Mark	Vowells (Trike)	CC Bexley	Kent	66	31:59
3	14:03	Graeme	Church (P- C1)	Team Milton Keynes	L&HC	53	27:03
4	14:04	Claire	Emons (W)	Newbury RC	L&HC	50	29:06
5	14:05	Tim	May	PDQ Cycle Coaching	Mids	41	26:07
6	14:06	Robert	Saunders	North Bucks RC	L&HC	59	27:33
7	14:07	Jon	Talbot	Wisbech Whs	EA	47	26:36
8	14:08	David	Guy	OV Cycling Club	L&HC	73	29:32
9	14:09	Gillian	Reynolds (W)	Willesden CC	L&HC	70	31:30
10	14:10	James	Fawcett	Hampshire Road Club	Wessex	53	27:03
11	14:11	Rod	Hicks	Port Talbot Whs CC	SWales	54	27:07
12	14:12	Kevin	Stokes	Born to Bike - Bridgtown Cycles	L&HC	56	27:17
13	14:13	Richard	Moule	Bossard Whs	L&HC	62	27:52
14	14:14	Grant	Warwick	Team Lutterworth Cycle Centre	N&EM	73	29:32
15	14:15	James	Churchard	Reading CC	L&HC	42	26:12
16	14:16	Angela	Carpenter (W)	...a3crg	Wessex	50	29:06
17	14:17	Stuart	Evans	Port Talbot Whs CC	SWales	73	29:32
18	14:18	Glen	Knight	KISS Racing Team (KRT)	Mids	41	26:07
19	14:19	Rosslyn	Young (W)	Serpentine Running Club	L&HC	75	32:37
20	14:20	Robert	Watson	Cambridge CC	EA	58	27:28
21	14:21	Peter	Hatt	Velo Club St Raphael	Wessex	52	26:58
22	14:22	Adrian	Cox	Team Milton Keynes	L&HC	58	27:28
23	14:23	David	Creese	Chronos RT	L&HC	67	28:30
24	14:24	Murray	Kirton	A5 Rangers CC	Mids	78	30:45
25	14:25	Andrew	Grant	Cambridge CC	EA	66	28:21
26	14:26	Ross	Edgar	Lea Valley CC	EA	44	26:22
27	14:27	Nick	Hickman	Team Salesengine.co.uk	EA	52	26:58
28	14:28	Phil	Wright	Hartlepool CC	North	64	28:06
29	14:29	Hilary	Walker (W)	Serpentine Running Club	L&HC	65	30:40
30	14:30	Neil	Mackley	...a3crg	Wessex	55	27:12
31	14:31	Tim	Kingston	GS Invicta - Eye Level Optical- Herbert Cycles	Kent	43	26:17
32	14:32	Les	Liddiard	Team Jewson - MI Racing ~Poly Pipe~McCann	West	62	27:52
33	14:33	Robert	Charles	Blazing Saddles	S/S	53	27:03
34	14:34	Joy	Payne (W)	Amersham Road Cycling Club	L&HC	62	30:16
35	14:35	Nick	Jones	Bournemouth Jubilee Whs	Wessex	43	26:17
36	14:36	Adrian	Blacker	C and N Cycles RT	S/S	55	27:12
37	14:37	Paul	Welsby	DRAG2ZERO	Mids	52	26:58
38	14:38	John	Murphy	Gloucester City Cycling Club	West	79	31:03
39	14:39	Kenneth	Stevens	South Pennine RC	N&EM	88	35:04
40	14:40	Tim	Beaven	Bicester Millennium CC	L&HC	45	26:27
41	14:41	Graham	Rudd	Redbridge CC	L&HC	40	26:02
42	14:42	Barry	McDonald	3T-RACING	EA	47	26:36
43	14:43	John	Golder	Chelmer CC	EA	65	28:13
44	14:44	Karen	Dennett (W)	Bishop's Stortford CC	EA	62	30:16
45	14:45	Martin	O'Sullivan	Teddington and Turing Velo	L&HC	44	26:22
46	14:46	Roderick	Macfadyen	Reading CC	L&HC	58	27:28
47	14:47	Michael	Stevens	Fareham Wheelers CC	Wessex	58	27:28
48	14:48	Steve	Skinner	Bognor Regis CC	Wessex	64	28:06
49	14:49	Denese	Hallahan (W)	Wisbech Whs	EA	64	30:31
50	14:50	John	Lacey	Hemel Hempstead CC	L&HC	55	27:12

Bib	TOD	First	LastName	Club	Group	Age	Std
51	14:51	Steve	Kaye	Fenland Clarion CC	EA	59	27:33
52	14:52	Geoff	Perry	Born to Bike - Bridgtown Cycles	L&HC	59	27:33
53	14:53	Steve	Peck	Ely & District CC/B&T Motor Repairs	EA	61	27:45
54	14:54	Sophie	Whitworth (W)	G.S. Henley	L&HC	48	28:56
55	14:55	Murat	Ozdenya	Team Vision Racing - Silverhook	EA	46	26:31
56	14:56	Paul	Lilley	Fenland Clarion CC	EA	59	27:33
57	14:57	Carmelo	Luggeri	CC Ashwell	EA	62	27:52
58	14:58	Andrew	Simpkins	Solihull CC	Mids	65	28:13
59	14:59	Allison	Kaye (W)	Verulam CC	L&HC	55	29:32
60	15:00	Angus	MacInnes	Royal Air Force Cycling Association	S/S	54	27:07
61	15:01	Paul	Newman	Southgate CC	L&HC	48	26:40
62	15:02	Andrew	Halliday	Westerley Cycling Club	L&HC	47	26:36
63	15:03	Ray	Retter	Born to Bike - Bridgtown Cycles	West	73	29:32
64	15:04	Lauren	Davies (W)	G.S. Henley	L&HC	42	28:26
65	15:05	Alastair	Semple	Stafford RC	Mids	51	26:54
66	15:06	Andrew	Clarke	North Shropshire Wheelers	Mersey	59	27:33
67	15:07	Paul	Sexton	CC Breckland	EA	41	26:07
68	15:08	Roger	Foster	Banbury Star Cyclists' Club	Mids	59	27:33
69	15:09	Gillian	Morgan (W)	Westerley Cycling Club	L&HC	58	29:49
70	15:10	Chris	Massey	CES Sport	SWales	46	26:31
71	15:11	Jonathan	Williams	Amersham Road Cycling Club	L&HC	43	26:17
72	15:12	Steven	Loraine	Team Swift	Mids	62	27:52
73	15:13	Susan	Semple (W)	Born to Bike - Bridgtown Cycles	Mids	53	29:21
74	15:14	Jon	Fairclough	Woking Cycle Club	S/S	65	28:13
75	15:15	Keith	Dorling	Team Bottrill	EA	60	27:39
76	15:16	Rob	Vessey	Didcot Phoenix CC	West	55	27:12
77	15:17	Helen	Reynolds (W)	Hemel Hempstead CC	EA	53	29:21
78	15:18	Cliff	Voller	Newbury RC	West	68	28:39
79	15:19	John	Hassall	Bossard Whs	L&HC	73	29:32
80	15:20	Andy	Langdown	Blazing Saddles	Wessex	50	26:49
81	15:21	Richard	O'Rourke	Team Vision Racing - Silverhook	EA	45	26:27
82	15:22	Chris	Dyason	Cambridge CC	EA	71	29:09
83	15:23	Hans	Nilsson	London Phoenix CC	L&HC	63	27:59
84	15:24	Carol	O'Connor (W)	Calder Clarion	York	54	29:27
85	15:25	Mark	Woolford	Team Swindon Cycles	West	53	27:03
86	15:26	Geoff	Reynolds	Hemel Hempstead CC	EA	53	27:03
87	15:27	Roger	Porter	Verulam CC	L&HC	72	29:20
88	15:28	Patrick	O'Connor	Calder Clarion	York	54	27:07
89	15:29	Alison	Vessey (W)	Didcot Phoenix CC	West	65	30:40
90	15:30	Keith	Lea	Paceline RT	S/S	49	26:45
91	15:31	Michael	Wills	Team Lutterworth Cycle Centre	N&EM	60	27:39
92	15:32	Richard	Hutt	Harp RC	L&HC	61	27:45
93	15:33	David	Butt	CC Weymouth	Wessex	64	28:06
94	15:34	Melvyn	Lewis	Born to Bike - Bridgtown Cycles	Mids	60	27:39
95	15:35	Matt	Steel	Shaftesbury CC	EA	43	26:17
96	15:36	Colin	Lizieri	Cambridge CC	EA	63	27:59
97	15:37	Michael	Cope	Kettering CC	EA	59	27:33
98	15:38	Vincent	Jenkins	VTTA (Midlands)	Mids	78	30:45
99	15:39	April	Lewis (W)	Born to Bike - Bridgtown Cycles	Mids	57	29:43
100	15:40	Alan	Murchison	DRAGZZERO	L&HC	48	26:40

Bib	TOD	First	LastName	Club	Group	Age	Std
101	15:41	Steven	Cottington	Bath Cycling Club	West	57	27:22
102	15:42	Patrick	Ellerbeck	St Neots CC	EA	64	28:06
103	15:43	Gareth	Williams	Twickenham CC	L&HC	53	27:03
104	15:44	Clive	Faine	Team Milton Keynes	L&HC	72	29:20
105	15:45	Jim	Moffatt	CC Luton	L&HC	62	27:52
106	15:46	Dave	Stocker	Abellio - SFA Racing Team	Kent	54	27:07
107	15:47	Issy	Zimmerman	Verulam Really Moving	L&HC	52	26:58
108	15:48	Linda	Dewhurst (W)	Team Milton Keynes	L&HC	60	30:02
109	15:49	Paul	Valks	Lewes Wanderers CC	S/S	75	29:59
110	15:50	Geir	Robinson	Regents Park Rouleurs	L&HC	50	26:49
111	15:51	Steve	Legg	...a3crg	Wessex	45	26:27
112	15:52	Andy	Sharman	Baines Racing	L&HC	48	26:40
113	15:53	Tony	May	TMG Horizon Cycling Team	EA	61	27:45
114	15:54	Kate	Bradley (W)	Born to Bike - Bridgtown Cycles	L&HC	41	28:20
115	15:55	Michael	Bennett	Bicester Millennium CC	L&HC	50	26:49
116	15:56	Matthew	Durdy	Richmond CC	L&HC	52	26:58
117	15:57	Neil	Crowther	Blazing Saddles	S/S	46	26:31
118	15:58	Mandy	Bunn (W)	Datalynx-Parenesis Cycling	EA	50	29:06
119	15:59	Joanna	Wells (W)	Hounslow & District Whs	L&HC	58	29:49
120	16:00	Adam	Bidwell	Kingston Wheelers CC	S/S	42	26:12
121	16:01	Matthew	Reader	Verulam CC	L&HC	49	26:45
122	16:02	Stephen	Tierney	Team Bottrill	Kent	49	26:45
123	16:03	Nigel	Jones	Gloucester City Cycling Club	West	61	27:45
124	16:04	John	McGlashan	Redmon CC	Kent	67	28:30
125	16:05	Stuart	Stow	Twickenham CC	L&HC	53	27:03
126	16:06	Michael	Martin	CC Ashwell	EA	54	27:07
127	16:07	Colin	Harrison	East Grinstead CC (Merlin Cycle Coaching)	S/S	54	27:07
128	16:08	Stan	Nwaka	Verulam Really Moving	L&HC	57	27:22
129	16:09	Sarah-An	Lucas (W)	Folkestone Velo Club	Kent	49	29:01
130	16:10	Nick	English	AeroCoach	L&HC	40	26:02
131	16:11	Thomas	Pfeiffer	Dulwich Paragon CC	EA	48	26:40
132	16:12	Mark	Wise	Team Jewson - MI Racing ~Poly Pipe~McCann	Mids	54	27:07
133	16:13	Tony	Tuohy	Redmon CC	S/S	56	27:17
134	16:14	John	Bourton	Bicester Millennium CC	L&HC	66	28:21
135	16:15	Grant	Woodthorpe	Twickenham CC	L&HC	48	26:40
136	16:16	Anthony	Bee	Wigmore CC	Kent	55	27:12
137	16:17	Nigel	Sign	Fareham Wheelers CC	Wessex	62	27:52
138	16:18	Jackie	Field (W)	CC Ashwell	EA	54	29:27
139	16:19	Stephani	Cousins (W)	Team Milton Keynes	L&HC	54	29:27
140	16:20	Jon	Surtees	CES Sport	N&EM	51	26:54
141	16:21	Richard	Gifford	trainSharp	S/S	56	27:17
142	16:22	John	Dowling	Hemel Hempstead CC	L&HC	62	27:52
143	16:23	Danuta	Tinn (W)	Maidenhead & District CC	L&HC	54	29:27
144	16:24	Michael	Gowan	Festival Road Club	S/S	75	29:59
145	16:25	Michiel	Vaal	CES Sport	N&EM	57	27:22
146	16:26	Evan	Jardine-Skinner	Sotonia CC	Wessex	42	26:12
147	16:27	Mark	Coombe	Twickenham CC	L&HC	50	26:49
148	16:28	Mike	Boyce	...a3crg	Wessex	63	27:59
149	16:29	Jill	Bartlett (W)	Hounslow & District Whs	L&HC	59	29:55
150	16:30	Mark	Jones	DRAGZZERO	L&HC	47	26:36

	Reserves						
Bib	TOD	First	LastName	Club	Group	Age	Std
151	Res	Nigel	Croxford	High Wycombe CC	L&HC	61	27:45
152	Res	Graham	Pepperdine	Verulam CC	EA	55	27:12
153	Res	David	Rogers	Hemel Hempstead CC	L&HC	61	27:45
154	Res	Simon	Adcook	Team Bottrill	Mids	44	26:22
155	Res	Richard	Payn	34 Nomads CC	EA	55	27:12
156	Res	Brian	Jones	Horsham Cycling	S/S	68	28:39
157	Res	Michael	Edmunds	Verulam Really Moving	L&HC	53	27:03
158	Res	James	Scarth	Bishop's Stortford CC	EA	41	26:07
159	Res	Ian	Crosby	VTTA (London & Home Counties)	L&HC	54	27:07
160	Res	Tony	Flynn	Westerley Cycling Club	L&HC	46	26:31
161	Res	Joe	Graystone	Cowley Road Condors CC	L&HC	44	26:22
162	Res	Jed	Rock	Dorking Cycling Club	S/S	50	26:49
163	Res	Robert	Jolliffe	New Forest CC	Wessex	66	28:21
164	Res	Gerry	Peppin	Corinium Cycle Club	West	56	27:17
165	Res	John	Robertson	VTTA (Merseyside)	Mersey	64	28:06